



How to Wage Warfare in the Arena of the Heart

Icebreaker: Are you a more aggressive or docile personality?

Four Ways to Wage Warfare in the Arena of the Heart

Read Together: Proverbs 4:23–27 (ESV),

Discuss:

➤ **Recognize the value of your heart**

- What was God speaking to you as you listened to Pastor Mark this week?
- What are typical ways that you describe yourself?
- How do you think God feels if you disrespect your heart?

Read Together: Ephesians 6:10-11 (ESV), Job 31:1 (NIV)

Discuss:

➤ **Craft offensive strategies**

- If I were the Devil, how would I attack me?
- What triggers tempt you to sell your heart out?
- You cannot craft a good enough plan to get free from the enemy's schemes. What do we need to be successful in gaining freedom?

Read Together: Galatians 5:24 (ESV), Colossians 3:5 (ESV), Proverbs 3:5-6 (ESV), Psalm 119:11-12 (ESV), Psalm 51:10 (ESV), Psalm 119:10 (ESV)

Discuss:

➤ **Issue eviction notices**

- How do we maintain a clean heart?
- Recognize an opportunity you have had to be offended and challenge yourself not to pick up the offense. What does it look like to not be offended?
- Ask God to give you a strategy to renew your mind!

Read Together: 1 John 3:19-20 (ESV), 2 Thessalonians 3:3 (ESV), Psalm 37:4 (ESV), 2 Chronicles 16:9a (ESV)

Discuss:

➤ **Rest**

- Who condemns you?
- How do we delight in the Lord?
- How do we stay blameless before the Lord?
- What are some things that you are excited to share with others regarding this message?

Prayer:

What strategy is God giving you to renew your mind? If you don't know, take some time to ask God how to renew your mind. Ask Him for Scripture and encouragement that will turn your face to Him. Take time to pray for each other in your group.