



## The Gate and Access Point of the Mind (thought life)

**Icebreaker:** Mountains or Beach? What is your favorite and why?

**Read Together:** 2 Corinthians 10:3-5 (ESV), John 8:44 (ESV)

**Discuss:**

- What was God speaking to you this week as Pastor Jason spoke?
- Is it easy or difficult for you to identify a lie from the enemy?
- How quickly do you respond by taking thoughts captive to the obedience of Christ?
- What are some of the “Thoughts that destroy” that you experience most often?

- **Pride**

Proverbs 8:13 (NIV)

- **Criticism, judgment and negativity**

- **Fear**

- **Unbelief**

- **Strife and contention**

- **Inferiority**

- **Condemnation**

Deuteronomy 27:26 (NIV)

**Read Together:** Galatians 3:10 (NIV), Galatians 3:11-14 (ESV), 1 John 1:9 (ESV)

**Discuss:**

- How well do you keep the entire law?
- What is the purpose of the law?
- What does it take to get forgiveness of sins?
- When we ask God to work in us by the power of the Holy Spirit, He is more than happy to answer that prayer. What things do you want to put in His hands today that only He can change, handle or heal?
- Who else do you think needs to hear what you learned from this message? (Go tell them.) 😊

**Pray:** Take some time to pray, asking God to show you any hang-ups that are holding you back. Ask God to give you the trust and faith that you need to give Him full authority in the places you want to control. Practice taking some thoughts captive. Pray for each other and ask God to bring more freedom!