

## Receiving Your Restoration

**Icebreaker:** What is your favorite tree to see changing in Fall?

**Read Together:** Psalm 51:16-17 (NIV)

**Discuss:**

- What does God delight in?
- What does it look like to have a broken spirit or a broken and contrite heart?

**Read Together:** Psalm 51:10 (ESV)

“Create in me a pure heart, O God,  
and renew a steadfast spirit within me.”

**Discuss:**

- How do we get a pure heart?
- Where does a steadfast spirit originate?
- What is your most natural response when you realize the gravity of your sin?
- What is the result of our honest and specific confession before God?

1. God re-creates our heart.

**Read Together:** 2 Corinthians 5:17 (ESV)

2. God reestablishes our joy.

**Read Together:** Psalm 51:12 (ESV)

3. Re-experience communion with God.

**Read Together:** Psalm 51:12 (NIV)

4. Re-ignition of our calling.

**Read Together:** Psalm 51:13 (NIV)

5. Releasing of our worship.

**Read Together:** Psalm 51:14-15 (NIV)

6. Restoration of your confidence.

**Read Together:** Psalm 51:18 (NIV)

- What often holds you back from Honest and specific confession to God?

**Prayer:**

Lord, I want to receive your restoration. I confess that I often think I can handle life on my own. Like David, I make many mistakes, and I am tempted to cover them up. It is hard to admit that I need you, but you are all that I need! You are the completion of all that I am! I confess my need for you and ask you to restore me to the joy of my salvation. Help me to walk in my calling and give me the spirit I need to yield to your goodness and love. You are my source. I yield to you! In the name of Jesus! Amen