



## **B. The Cause: I have two natures!**

*Romans 7:21 LB “It seems to be a fact of life that when I want to do what is right, I inevitably do what is wrong.”*

*Romans 7:23 LB “but there is something else deep within me, in my lower nature, that is at war with my mind and wins the fight and makes me a slave to the sin that is still within me. In my mind I want to be God’s willing servant, but instead I find myself still enslaved to sin.”*

*Romans 7:24 LB “So you see how it is: my new life tells me to do right, but the old nature that is still inside me loves to sin. Oh, what a terrible predicament I’m in!”*

## **C. God’s battle plan for my victory**

### **1. I must deepen my understanding of Christ**

*Romans 7:24-25 LB “So you see how it is: my new life tells me to do right, but the old nature that is still inside me loves to sin. Oh, what a terrible predicament I’m in! Who will free me from my slavery to this deadly lower nature? Thank God! It has been done by Jesus Christ our Lord. He has set me free.”*

*Romans 6:12-13 NLT “Do not let sin control the way you live; do not give in to its lustful desires...Instead, give yourselves completely to God since you have been given new life.”*

*Romans 8:2 NLT “For the new spiritual principle of life in Jesus Christ lifts me out of the old vicious cycle of sin.”*

### **2. I must detect and disarm the lie I’m believing**

*1 John 1:8 NIV “If we claim to be without sin, we deceive ourselves and the truth is not in us.”*

**Behind every self-destructive act is a lie I have believed.**

**To stop defeating myself, I must stop deceiving myself.**

*John 8:32 NIV “When you know the truth, the truth will set you free.”*

### **3. I must declare my struggle to another**

*James 5:16 NIV “Therefore confess your sins to each other and pray for each other so that you may be healed...”*

*Galatians 5:16 AMP “But I say, walk and live [habitually] in the [Holy] Spirit [responsive to and controlled and guided by the Spirit]; then you will certainly not gratify the cravings and desires of the flesh (of human nature without God).”*