James 1:2-3 AMP "Consider it wholly joyful, my brethren, whenever you are enveloped in or encounter trials of any sort...be assured and understand that the trial and proving of your faith bring out endurance and steadfastness and patience."

3. Resist the enemy and temptation

James 4:7 NLT "So humble yourselves before God. Resist the devil, and he will flee from you."

4. Look to <u>Jesus</u>

Hebrews 12:2 "Looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame..."

5. Trust God will work it out for the good

Romans 8:28 NLT "and we know that God causes everything to work together for the good..."

6. Guard your <u>Heart</u>

I Cor. 16:13 NIV "Be on your guard..."

Proverbs 4:23 NIV "and above all else, guard your heart, for it is the wellspring of life."

7. Stay hopeful

Proverbs 13:12 "Hope deferred makes the heart sick, □ But when the desire comes, it is a tree of life."



Handling the Unexpected

John 16:33 NIV "I have told you these things so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

1. Remember you are not alone

I Thess. 3:2-3 NLT "...we sent him (Timothy) to strengthen you, to encourage you from being shaken by the troubles you were going through. But you know that we are destined for such troubles."

2. Realize it can be a great character builder.